MJN

Message from the Editor-in-Chief

It is my great pleasure to welcome our esteemed readers, researchers and nursing professionals to the November 2026 issue of *The Malaysian Journal of Nursing (MJN)*. This issue brings together a diverse collection of scholarly contributions that reflect the evolving dimensions of nursing practice, education, and healthcare delivery. The articles collectively highlight the importance of integrating scientific evidence, technological advancement, professional competence, and compassionate care to address contemporary healthcare challenges and improve patient outcomes.

As healthcare systems continue to evolve, the nursing profession remains central to delivering safe, effective, and patient-centred care. The increasing complexity of healthcare needs calls for innovative approaches that extend beyond conventional clinical practices. In this context, the present issue explores the emerging role of digital healthcare technologies, particularly smart postpartum applications and telenursing services, in supporting maternal health, chronic disease management, and continuity of care. These studies emphasise the potential of technology to complement nursing interventions while highlighting the importance of evaluating its effectiveness.

The advancement of evidence-based clinical nursing practices is another significant focus of this issue. Research addressing postoperative critical care protocols and non-pharmacological pain management demonstrates the importance of structured nursing interventions in supporting patient recovery, safety, and comfort. These contributions reinforce the responsibility of nursing professionals to critically evaluate existing practices and adopt approaches informed by reliable scientific evidence. They also highlight the importance of comprehensive discharge education and sustained patient support beyond hospital settings.

Maternal, reproductive, and community health constitute equally important dimensions of the research presented in this issue. Studies examining psychological stress during pregnancy, postpartum self-care, and maternal knowledge of childhood malnutrition draw attention to the interconnected nature of physical health, psychological well-being, and health education. These findings underscore the essential role of nurses in promoting health awareness, identifying individual vulnerabilities, supporting informed decision-making, and strengthening preventive healthcare practices within communities.

The professional development and well-being of nursing students and healthcare personnel are also important considerations. Studies exploring educational interventions related to oocyte cryopreservation, social anxiety among nursing students, and musculoskeletal disorders among healthcare workers highlight the need to strengthen nursing education while fostering supportive academic and clinical environments. Preparing competent nursing professionals requires not only the development of clinical knowledge and technical skills but also sustained attention to psychological resilience, occupational safety, and professional well-being.

This MJN issue also revisits the fundamental essence of nursing through research examining caring behaviour from the perspectives of nurses and patients. While scientific knowledge, technological innovation, and clinical competence remain essential, compassion, empathy, effective communication, and respect for individual dignity continue to define the nursing profession. Understanding patients' experiences and expectations is therefore fundamental to improving the quality and humanity of healthcare delivery.

Together, the contributions in this issue offer valuable perspectives on the opportunities and challenges shaping contemporary nursing. They remind us that nursing excellence is achieved not through innovation or clinical expertise alone, but through the meaningful integration of evidence-based knowledge, professional dedication, and compassionate human interaction.

On behalf of the Editorial Board, I extend my sincere gratitude to all contributing authors for their scholarly efforts and valuable research contributions. I encourage our readers to engage critically with the research presented in this issue and to explore its implications for nursing education and its future research.

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