

Message from the Editor-in-Chief

A new year is a sign of a time for new beginnings and it conveys a feeling of a “fresh start” to our lives. The health and well being of patients depend upon a collaborative endeavor between the nurse and the patient. Thus the nurses play a pivotal role in bringing smile to the faces of the ailing patient at this time of merriment and enjoyment. Incessant attention by a good nurse is imperative for the well being and comfort of a patient. The trained nurse has turned out to be one of the immense blessings to the humanity. As the New Year approaches The Malaysian Journal of Nursing presents to the reader tremendous opportunities of the nursing profession in present healthcare system. Many nurses, in order to fulfill their job requirements were more busy in their hospital responsibilities rather than anticipating the New Year’s party on Monday night as they feel that the rewards of this job far overshadow these negatives. As nurses hold the key to recovery this journal tries to spread the essence of this profession with the advent of the New Year.

The nurses of the present day require proper clinical education to develop real world experiences of nursing which will help to bridge the gap between education and practice in nursing. In this manner 2013 will make the nurses more responsible, proficient and mature individuals. In the present issue topics such a Use of contraceptive, Role of Omega 3 in Pregnancy, National Dengue Prevention and Control, Study on the Intervention and Prevention of Stroke Recurrence were dealt, so as to assist the nurses to deliver high standard of patient care and will enhance the competence and efficiency of the health-care delivery system.

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